



**2024 Australian Hypnosis Conference**  
**9 - 10 November**



**It's about Learning**  
**It's about Growing**  
**It's about Mates**



ESTD 2023

**CLINICAL HYPNOSIS AUSTRALIA**

Supportive Path to Positive Change

[www.AustralianHypnosisConference.com](http://www.AustralianHypnosisConference.com)



# WELCOME



Thankyou for downloading the itinerary.  
Within these pages you will find information about  
each speaker and what they are teaching at the  
Australian Hypnosis Conference.

Join us for a fun filled experience that is down  
to earth and full of laughs.

All of our speakers are teaching live on the  
day. You can attend IN PERSON or via ZOOM.

On Saturday night join us for a BLUES BROTHER  
theme dinner, dancing and a show,

Enjoy a 3 course meal, take photos  
and enjoy the night.

All attendees will recieve digital and physical copies  
of speaker handouts.

To add to this we have exhibits, Virtual Reality for  
you to experience, Photo Booth and POST CONFERENCE  
certifications as well!!

Food is included + All day tea and coffee.



# IN PERSON OR ZOOM?

Attend IN PERSON or via ZOOM.

Our Motto is this - Have fun, Teach and Grow.

- All attendees receive -
- A loot bag that includes ALL Speaker printouts and information for you to enjoy
- FOOD! SO MUCH FOOD! All day tea/coffee/water, plus morning tea, afternoon tea and buffet lunch each day  
If attending via zoom choose from 1 of 3 hampers to snacky snack on!
- Replays to enjoy the content again till Nov 1st, 2025
- Print outs off all speaker giveaways and itinerary
- Free 12 month listing on [findahypnotherapist.directory](http://findahypnotherapist.directory)
- 10 Points granted by ASCH and CHA
- 1/2 price discount to join Hypnosis New Zealand/Clinical Hypnosis Australia
- The speakers secret (you will know more about this the info is inside your loot bag.... shhhhhh! it's a secret :)





# WANT A FREE TICKET?

Scan the QR Code to find out how





# DINNER SATURDAY NIGHT

Join Us on Saturday Night for Dinner

Theme - Blues Brothers (optional)

Enjoy a 3 course meal

7:30 pm we start with Entree



Before moving onto  
a main meal and dessert  
After dinner we have  
dancing and speakers

have a special giveaway.

Followed up by a show conducted  
by Drew Glebow - Stage Hypnotist





# POST CONFERENCE TRAINING

Advance your training with AHC



Gut Directed Hypnosis Certification  
1/2 price for AHC attendees - \$348.50  
Melbourne - Nov 11th and 12th, 2024

- 2 Day Training - Including Lunch



Awaken Your Inner Genius  
- 1 Day Workshop - \$333  
Melbourne - Nov 11th, 2024

- 1 Day Training - Including Lunch



Relational Trauma Recovery  
- 1 Day Certification - \$297  
Melbourne - Nov 11th, 2024

- 1 Day Training - Including Lunch



# POST CONFERENCE TRAINING

Advance your training with AHC



## Contemporary Shamanism With Zoilita Grant

1 Day workshop - \$300  
Melbourne - Nov 11th, 2024

- 1 Day Training - Including Lunch



## Empowering Your Clients: Healing Past Experiences with Advanced Memory Techniques - A non-regression way to overcome the past

1 Day Workshop - \$327  
Melbourne - Nov 11th, 2024

- 1 Day Training - Including Lunch

# DAY 1



Hypnosis  
New Zealand



**Amber Rimmer**

Sound Healing  
Session

**8am Saturday**

Join Amber for a morning grounding and healing ritual

Conference Room

8am

30 - 45min session





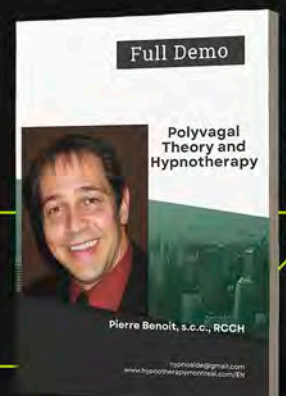
**Pierre Benoit**  
Polyvagal Theory & Hypnosis  
10:00am - Room 1

Participants will learn:

- What the Polyvagal Theory is and its implications.
- How the Polyvagal Theory explains the phenomena that we observe in hypnosis.
- How their system functions and of the effects when it takes control or affect their functioning to create better well-being in their lives.

I will be demonstrating how I present it to my clients so that they can understand their functioning and how it will affect them as we move through our sessions.

**ALL ATTENDEES RECIEVE PIERRE'S  
POLY VAGAL PDF**





**Zoilita Grant**

The Secret Life of Dreams

**10:00am - Room 2**

Many of us feel disconnected and lack guidance in life. During our waking life we are always receiving clues and insights from our Inner Self, but we are usually too busy to pay attention.

Too distracted—too caught in our lives—and fail hear important messages from inside. Dreams are doorways to the subconscious. They help us see how we really feel about our lives.

Dreams are also direct routes into our Inner Selves and contain direct spiritual teaching, Dreaming provides a way to release tension and anxieties that we suppress during our waking lives.

Dreaming is a process and the dream is a creation produced by our minds to create harmony in our lives Dreams clear our stuck emotions. Unresolved conflicts, concern about events, people and feelings are played out in the dream world

**ZOILITA ALSO HAS POST  
CONFERENCE TRAINING  
ON SHAMANISM**

**ALL ATTENDEES RECIEVE ZOILITA'S  
14 PAGE SECRET LIFE OF DREAMS PDF**





# DAY 1



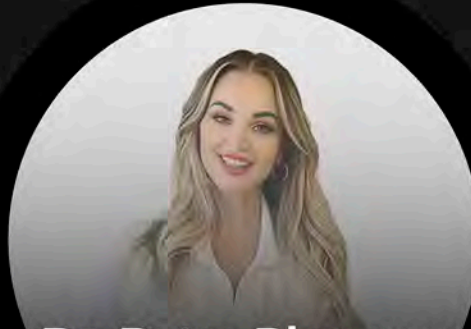
**Stuart Walter**  
Sports Hypnosis Processes

## EXPERIENCE THE PROCESS FOR YOURSELF!

Elite athletes spend 4-6 hours a day,  
for 6 days a week, for 1 event that may  
last 10 seconds every 4 years.

How do they perform at that moment?

How do they get their head in the game?



**Dr. Petra Plencner**  
Universal Archetypes  
11:15am - Room 2

Archetypes are deeply embedded in human consciousness and they hold the potential to unlock profound insights and promote transformative change in clients.

By understanding and utilising these universal symbols, therapists can empower clients to navigate their inner landscapes, confront their challenges, and ultimately achieve greater well-being through self-empowerment.

Presentation will include examples on how I use this knowledge to help people transform their life and navigate their personal relationships.

**ALL ATTENDEES RECIEVE DR. PETRA'S  
HANDOUT ON ARCHETYPES**





# LUNCH-DAY 1



JOIN THE 2023 SPEAKERS IN A LUNCH TIME PANEL  
- ASK QUESTIONS - LEARN AND GROW TOGETHER

CONNOR WLADKOWSKI

**PRESENTS**



LET'S TALK HEALING FROM TRAUMA

LUNCHTIME PANEL - SATURDAY



DAVID OATES

**PRESENTS**



LET'S TALK REVERSE SPEECH

LUNCHTIME PANEL - SATURDAY



DREW GLEBOW

**PRESENTS**



LET'S CHAT EROTIC HYPNOSIS

LUNCHTIME PANEL - SATURDAY



FRANCHELLE OFSOSKE-WYBER

**PRESENTS**



LET'S TALK ESOTERIC HYPNOSIS!

LUNCHTIME PANEL - SATURDAY



PAMM MILLAGE

**PRESENTS**



LET'S TALK KARMA

LUNCH TIME PANEL - SATURDAY



JUSTINE LETTE

**PRESENTS**



LET'S TALK PROTOCOLS

LUNCHTIME PANEL - SATURDAY

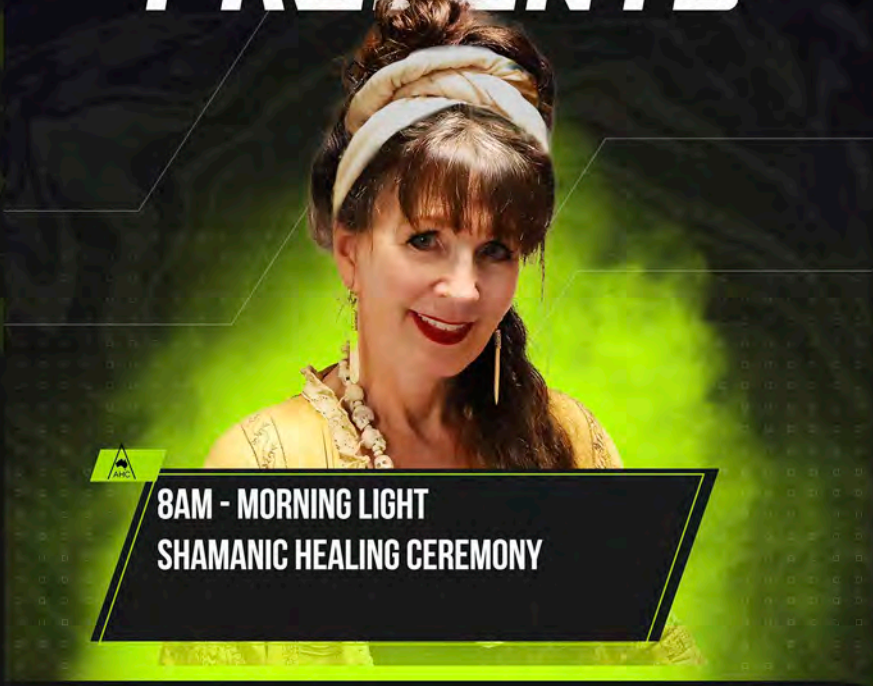




**DAY 2**

FRANCHELLE OFSOSKE - WYBER

**PRESENTS**



**8AM - MORNING LIGHT  
SHAMANIC HEALING CEREMONY**

Join Franchelle for a morning light shamanic healing ceremony

Conference Room

8am

30 - 45min session

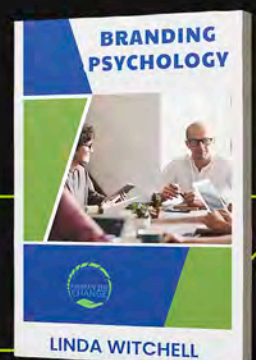


Many therapists struggle with developing their brand identity, working out prices and selling their services in an ethical yet productive way.

However, there are many simple ways based on psychological research that can help.

This interactive talk will discuss ways to help new and established hypnotherapists to develop their businesses.

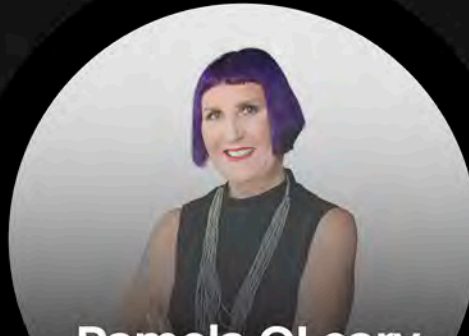
**ALL ATTENDEES RECIEVE LINDA'S  
GUIDE TO BRANDING PSYCHOLOGY**





Hypnosis  
New Zealand

# DAY 1



**Pamela O'Leary**

Who the Fuck am I?

2 pm - Room 2

Who the Fuck am I?

Working with our subpersonalities.

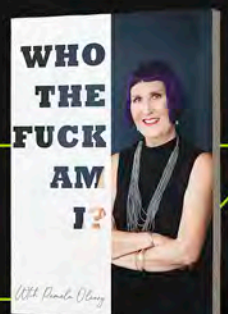
Identifying the mind chatter and working with it.

We all have lots of mind chatter.

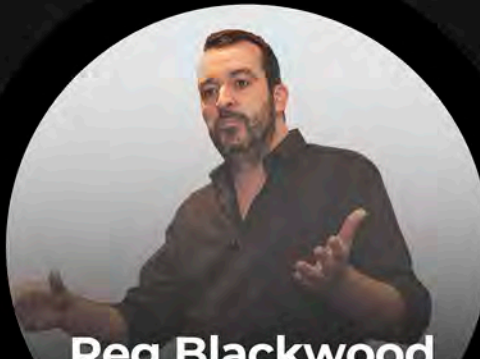
This method helps you to identify the subpersonalities that are not working at their best.

You will learn how to work with them to come up with a win/win solution.

**ALL ATTENDEES RECIEVE PAMELA'S 5 STEP  
GUIDE TO TRUE SELF CLARITY PDF**







**Reg Blackwood**

Instant Inductions

**3:15 pm - Room 1**

On stage, street, TV or radio, there are no second chances.

You have to be fast and you have to be effective.  
Reg Blackwood practises and teaches a  
Street-Smart form of Hypnotism,

Not a word or action is wasted and everything is distilled  
down to a handful of truly powerful core  
principles, with stunning results.

Learn instant inductions from one of the original  
street hypnosis artists with over  
30 years experience on TV, radio, stage and street.

"Reg is the hypnotic triple threat... mindblowing hypnotist,  
powerful trainer and, most important, a true gentleman.  
It's an honor to call him a colleague and a friend."

**Todd Newton**

- Emmy Award winning American entertainment  
reporter, game show host, and author.



# DAY 1



It's true that releasing trauma and stress is the easiest work for professionals, to recode

Your nervous system for prosperity through love, health, money, relationships and living your legacy life!

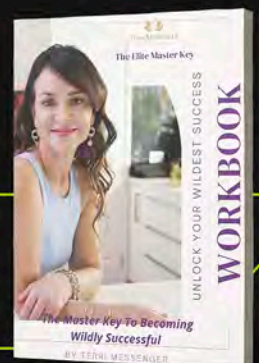
Just as you would powerfully heal

Your life through moving through the blocks that suppress the quantum flow of energy, in the same way, we utilize this formula to attain a new high vibe level of manifesting your prosperity!



## TERRI ALSO HAS POST CONFERENCE TRAINING AVAILABLE

ALL ATTENDEES RECIEVE TERRI'S  
MASTERCLASS WORKBOOK





# DAY 2



Why do so many relationships fail? In this presentation we go beyond the usual culprits of poor communication, different libidos and different money styles.

Relational skills, like many other vital skills are not taught within the education system.

We learn them from early childhood within our families and as we navigate adult relationships.

What if our family of origin was toxic and we learned dysfunctional ways of being in a relationship?

This is all too common, and as professionals we need to understand how this affects our clients so we can help them.

## JAN ALSO HAS POST CONFERENCE TRAINING AVAILABLE



**ALL ATTENDEES RECIEVE JAN'S  
RELATIONSHIP RECOVERY PDF**





Attracting money into our lives can be challenging, but the secret is that we can become a magnet for money and achieve financial abundance by using our minds, body, and brain.

We will explore the No BS approach to transform your relationship with money by using your mind, body, and brain to align your values and beliefs to help you and your clients become a magnet for money.

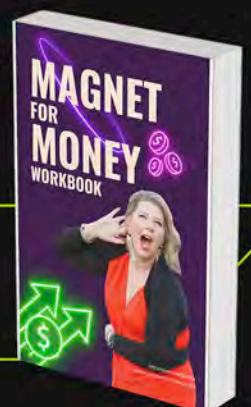
Money plays a crucial role in our lives, and many of us strive to attract more of it.

However, our beliefs about ourselves, money and wealth can profoundly impact our ability to attract and retain financial abundance.

To attract more money, aligning our values and beliefs with our financial goals and understanding our budgeting numbers is essential.

Karyn offers a no BS approach to transform clients' relationships with money forever.

**ALL ATTENDEES RECIEVE KARYN'S  
MONEY HANDOUT**





# DAY 2



**Justine Lette**  
The Simpson Protocol  
11:45am

## The Simpson Protocol

Come and enjoy the demonstration of  
interdimensional transformation/





Hypnosis  
New Zealand

# DAY 2



**Conny Wladkowski**

Heal Trauma  
w/out Regression

2:15 pm

A lot of people are held back because of their past experiences in many areas of their life and keep repeating the same sabotaging behaviours and don't do anything about it.

This is often because they don't know how to stop it or are not even aware of why or that it is happening.

Even two people experiencing the same situation can have totally different effects from it. In this class you will learn how even non traumatic experiences shape the way you view the world and yourself and your own abilities and how to overcome that without regression.

**CONNIE ALSO HAS  
POST CONFERENCE  
TRAINING AVAILABLE**



# DAY 2



**Trish and John Pellen**

Ryze to Passive Income

**3:30pm**

Want to make \$\$\$ whilst you sleep without heaps of extra work?

Let John and Trish show you how!

**TRISH ALSO HAS  
POST CONFERENCE  
TRAINING AVAILABLE**



**DURING TRISH AND JOHNS PRESENTATION  
WE WILL ANNOUNCE THE SPEAKERS SECRET  
MORE INFO ON THIS IS ONLY AVAILABLE THOSE THAT ATTEND**

# GUT DIRECTED HYPNOSIS CERTIFICATION

1/2 price for AHC attendees - \$348.50

Melbourne - Nov 11th & 12th, 2024 - 2 Day Training - Inc. Lunch

**In this certification you will learn:**

- ✓ Everything you need to know about gut directed hypnotherapy.
- ✓ Assist people with IBS, crohns, colitis, pain, chronic fatigue, fibro myalgia, weight loss and more!
- ✓ 3 new hypnosis modalities ... Vagal Tone, Japanese hypnosis & paradox healing
- ✓ Recognised for 10 CPD points with the AHA/CHA - Recognised by the IICT worldwide. Covered by Insurance Providers c/a Accredited by Complementary Therapists Accredited Association.
- ✓ Learn science based nutrition
- ✓ How to sell your Hypnosis Programs.

## **Resources Included**

Full training with Master Hypnotherapist Trish Palmer

105 page full colour practitioners manual

ALL Scripts, techniques and CBT's (Cognitive Behaviour Tasks)

Bonus: How to sell your hypnosis sessions and make 6 figures a year (sometimes more) working part time.



# THANKYOU



A great big SHOUT OUT to our sponsors  
Justine Lette and Hypnosis New Zealand



Jan Haldane - [JanHaldane.com](http://JanHaldane.com)  
Karyn De Mol - Goodness Me Alternatice  
Conny Wladowski - Right Time to Shine  
Reg Blackwood



# Full Demo



## Polyvagal Theory and Hypnotherapy

**Pierre Benoit, s.c.c., RCCH**

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